



resilience respect teamwork kindness

DIARY DATES

APRIL

Fri 14th

Beach Sports Day 9.00am

School Holidays start

MAY

Mon 1st

School Resumes

Fri 5th

Grip Leadership @ Pt Augusta

Hello everyone,

I hope you all had a relaxing and enjoyable Easter break with family and friends. We are in the last week of term 1 and while it has been a smoother start to the year than the last couple, it has been a very full term with; swimming lessons, NAPLAN, student/parent conferences, SAPSASA, SVA visiting principals, excursion to Cleve, sports days, RE and amazing learning by both students and educators!

Congratulations to Miss Laete on completing her first term as a graduate teacher!

SAPSASA

Caitlin and Estelle had a very enjoyable experience representing our school and region at SAPSASA softball in Adelaide last week. The girls reported back they had 2 wins and 2 draws, made new friends and learnt a lot.

Swimming Lessons

Our students participated in swimming lessons at Port Lincoln last week. The lessons were over three days, and the growth in their confidence and development in swimming was very evident over that time. On the way to Port Lincoln we spent time viewing the street art in Tumbly Bay and had discussions about the artist's purpose and how the artwork made the audience feel, which connected with our current learning in the Arts.

Religious Education

Many thanks to Janet Shepherd who volunteered to teach our Easter religious education lesson last week. Janet shared the Christian story of Easter and involved students in making stained glass windows from crepe paper and laminating sheets. Students were interested in the information shared by Janet and enjoyed the craft activity.

Beach Sports Day

Tomorrow we host Ungarra Primary School at our annual Beach Sports Day. There is predicted to be some rain but fingers crossed most of it comes in the afternoon when we are finishing the day. Many thanks to staff for all their organisation for the day. I am sure it will be another successful day enjoyed by all who participate. The day is planned to start at 9.00am and conclude at approximately 12.20 with a hotdog lunch. Please come down and join the fun.

Happy Holiday Break

Thank you to staff, parents and community for your support throughout term 1. Well done to students and staff for all their efforts in their learning. There seems to be some sickness around in the community so please take care of yourself and each other over the school holiday break. I wish you a safe and enjoyable school holiday break and look forward to seeing students back at school on Monday May 1st!

Best wishes,

Lisa Masters

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APRIL SCHOOL HOLIDAY CLINICS

Keep your kids active while learning new skills and making new friends these school holidays!

Hockey SA Clinic designed for all skill levels, focusing on development and school holiday fun, with sessions for ages 9-12 and 13-15 years. All sessions held at MATE Stadium.

Play mini matches with your friends while staying active and healthy, but most importantly having fun!

On conclusion of the session, all participants will be provided a meal and the opportunity to acquire feedback from the coaches.

9 - 12 YEARS



FRIDAY 21 APRIL
8:00am - 12:00pm
(Morning session)
@ MATE Stadium



FRIDAY 21 APRIL
1:00pm - 5:00pm
(Afternoon session)
@ MATE Stadium

13 - 15 YEARS



WEDNESDAY 26 APRIL
8:00am - 12:00pm
(Morning session)
@ MATE Stadium



WEDNESDAY 26 APRIL
1:00pm - 5:00pm
(Afternoon session)
@ MATE Stadium

April



Diversity is our strength

Autism Awareness Month

April is Autism Month!

Autism Month is about raising awareness, acceptance and inclusion surrounding autism. More than 205,000 Australians are autistic and 1 in 4 Australians have a family member on the autism spectrum.

At Autism SA, our vision is for every individual on the autism spectrum to live the life they choose in an inclusive society. Throughout April, Autism SA raises awareness and shares resources, inclusive initiatives, personal stories, tips and celebrates our incredible community.

While these things are important all year round, April is an opportunity to further spread the message, and you can help!

Tumby Town Garage Sale Registration of Interest

Have a clear out - make some cash.

This event will be widely advertised with posters and on social media, notice boards and newsletters. We will also advertise on radio and Cash Classifieds.

Proceeds of Sausage Sizzle, Drinks Stall and any registration fees (after advertising and printing) will be donated to **VarietySA** through **BASH Car MIN** 2023.

Maps will be given out from 8:30am on Sunday 16th April at the hub on North Terrace. There will be room for some car boot/trestles/stalls there as well.

If you are keen to take part or have an idea to make the event more successful I'd love to hear from you. I HAVE 7 GARAGE SALES REGISTERED ALREADY!

Please contact Jackie Hibble 0428 882 648 jackiehibble@gmail.com

Cut off date for inclusion on the map is Wednesday 12th of April but please contact me as soon as possible if you are thinking about it.

Registration FEE includes
all advertising and promotion:
Garage Sale \$20
Carboot/Trestle \$10
Stall \$20



BECOME A MENTAL HEALTH FIRST AIDER™

to support friends, family members, colleagues and others

About 1 in 5 Australian adults experience a common mental illness each year. Mental Health First Aid™ (MHFA) training will teach you practical skills to support someone with a mental health problem. Make a real difference to people in your community.

STANDARD MHFA TRAINING BENEFITS

KNOWLEDGE	CONFIDENCE	DE-STIGMATISING	SUPPORT
Improves knowledge of mental illnesses, treatments and first aid actions.	Increases confidence in providing first aid.	Decreases stigmatising attitudes.	Increases the support provided to others.

"I enjoyed learning the skills to be an MHFAider. The content was interesting and the facilitators made me feel at ease, even with the more sensitive content." - Georgia

LEARN PRACTICAL FIRST AID SKILLS

- Recognise common mental health problems
- Provide initial help using a practical, evidence-based Action Plan
- Seek appropriate professional help, and
- Respond in a crisis situation

This is a 12-hour educational course, not a therapy or support group.

DATES Friday 12 & 19 May 2023

TIMES 9am - 4pm

COST \$250

VENUE TUMBY BAY

FACILITATOR/S
Jackie Hibble

HOW DO I SIGN UP?

Annie Bender (08) 7609 1174, annie.b@positivefutureself.com.au or Jackie Hibble 0428 882 648, jackiehibble@gmail.com

For more information, visit mhfa.com.au/courses



@MHFA_Australia



@mentalhealthfirstaid



On Thursday 6th April, we stopped at Tumby Bay to view the Colour Tumby art works.

We enjoyed recess at the foreshore playground, then we went onto Port Lincoln for our swimming lessons.



TUMBY BAY EXCURSION

SAPSASA
Softball







CONGRATULATIONS to Estelle & Caitlin on representing PNPS in the CEP softball SAPSASA team . They finished 4th out of 8 in Division 2.

They had 2 wins, 2 draws and 3 losses.

