



Nut Allergy Awareness Policy

“Nut allergies are one of the most common food allergies. While many reactions to nuts are mild, serious reactions can occur. Children with a nut allergy need to avoid nuts in their diet”

Children Youth & Women’s Health Service, Nutrition Department, North Adelaide. SA

Context

DECD Schools are required to provide learning environments that are safe and supportive of all students. This includes providing for the needs of students or staff who may have Anaphylaxis (severe allergic) conditions – including nut allergies. For these individuals exposure to allergens at school may constitute a serious risk to their health and wellbeing.

Port Neill Primary School Nut Allergy Awareness Policy is to be implemented only when a known school student or staff member has a nut allergy.

Purpose:

- To provide a safe learning environment for all members of the Port Neill Primary School community
- To raise the awareness of anaphylaxis conditions for all members of the community regarding severe allergies

Management

The Nut Aware policy will be managed by:

Parents -

- Parents and caregivers being requested **NOT** to send food to school that contain nuts (especially peanuts). This includes peanut paste, Nutella, all nuts and cooking oil containing peanut oil. This is especially important for the young children who are less able to manage their allergy.
- Their child has a current Anaphylaxis Care Plan from their Doctor.
- Parents are responsible for providing any medication and ensuring that medication has a current expiry date.

Staff –

- Staff supervising eating at lunch time
- Encourage students to wash hands before and after eating
- Staff are required to participate in First Aid training to gain an understanding of dealing with Anaphylaxis (severe allergic reactions) and Asthma procedures.
- Staff to be aware of first aid which is required for emergency procedures and collect the first aid backpack from the Compactus.
- Staff to be aware that some class activities such as craft can trigger an allergic reaction if that student comes into contact with - egg and milk cartons, seeds/grains, play dough etc.

Students –

- Students being encouraged **NOT** to share food
- Students to wash their hands before and after eating.

Promotion

The policy will be promoted by:

- Parents and caregivers being informed via the newsletter
- New families to the school community being informed via the Enrolment Information Package
- Staff being informed and provided with training opportunities
- Students being informed via class teachers, signage and the School newsletter

This school acknowledges that due to food processing practices it is impractical to eliminate nuts or nut products entirely from an environment where there is food.